



# CNH KEY CLUB

## CALIFORNIA-NEVADA-HAWAI'I DISTRICT PROJECT SHINE



**DISTRICT PROJECT SHINE**  
*bringing light into someone's life*

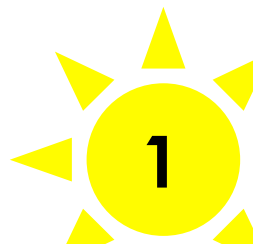
### OFFICIAL GUIDEBOOK

CREATED BY THE 2009-2010 DISTRICT PROJECTS COMMITTEE



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## 2009-2010 DISTRICT PROJECTS COMMITTEE

Cali-Nev-Ha Key Club,

It has been an honor this past year serving as your California-Nevada-Hawaii District Projects Committee Chair. When I first applied for this position, I wondered if I was really qualified to head a committee that would be producing a brand new service initiative for the largest District in Key Club International. In presenting this manual to you, obviously my doubts were proven wrong. My experience was extremely rewarding and I am forever thankful for having being provided this great opportunity of service. It is my pleasure to present to you the 2010-2012 California-Nevada-Hawaii District Project: **Project Shine: Bringing Light into Someone's Life.**

The concept of Project Shine was first proposed by Division 22 Lt. Governor Laurie Meguro with inspiration from working with special needs children in her home state of Hawai'i. But the District Project is not at all a solo effort. It requires a group of strong, dedicated group of members who are determined to produce a project that will make an impact in the world. I would like to thank my committee for consistently working hard throughout this past year. Despite any problems we encountered this past year, we have still emerged strong and with a project that will unite CNH Key Clubbers in service. I am extremely proud of all of you.

Project Shine would not have been possible without the support and guidance from the wonderful Executive Board, Regional Advisors, and District Administrators. Thank you Ms. Lisa Grover, the Lead Committee advisor, and all of the Committee advisors for sacrificing your time and effort to help create this new District Project. All of your hard work has paid off.

For the past two years, you have demonstrated amazing service through District Project C.A.R.E. The District Projects Committee has worked hard to provide you with resources to successfully participate in District and International Service Initiatives. Remember to keep serving with International service projects such as with our Service Partners and the brand new Service Initiative, to be announced at the 2010 Key Club International Convention in Memphis Tennessee. I hope you enjoy this new District Project. Go out into your community, band together in service, and "bring light into someone's life."



In Buzzing Service,

A handwritten signature in blue ink that reads "Christian J. Rodriguez". The signature is stylized and cursive.

Christian J. Rodriguez  
2009-2010 CNH District Projects Chair





### **Introducing the District Project: PROJECT SHINE: BRINGING LIGHT INTO SOMEONE'S LIFE**

In our schools and communities, we continuously strive for equality and equal treatment for all individuals. But, although we make many efforts and attempts to accomplish this goal, we often times do not fully achieve it. Unfortunately, children, teens, and adults with disabilities/special needs tend to be forgotten in our society's endeavors in reaching equal treatment of everyone with acceptance and with respect that all deserves.

Project Shine: Bringing Light into Someone's Life focuses on individuals with special needs, whether it is academically, physically, or mentally. Some disabilities that would fall under this project focus for academics would be dyslexia, ADD, or ADHD, as these disabilities often impair an individual's

ability to perform well in school and in the work force. Examples of physical disabilities could be amputation, spina bifida, muscular dystrophy, cerebral palsy, scoliosis, blindness, deafness, and those with wheelchairs, crutches, artificial limbs (prosthetics), and canes. Lastly, some examples of mental disabilities could be Down syndrome and mental retardation. Individuals who fall into any one of these categories are sometimes left in the shadows, and are mistreated by other individuals who do not understand their special needs. A lack of understanding amongst the general population can cause detrimental pain and suffering to those who are faced with a disability, as they are looked down upon, teased, harassed, and taken advantage of by others. This is happening in our schools and in our communities, whether it is evident or hidden.

But now, we have the opportunity to revolutionize change, to make a difference.

Therefore, as Key Clubbers who become dedicated to this project focus on helping those with disabilities, we can be the leaders and examples in our schools and communities on how we should be treating those with special needs, and how to help and support them as best we can. As Key Clubbers, our motto is "Caring- Our Way of Life". Those with some type of disability need people to care for them and to show them acceptance. We now have the chance to exemplify our motto and truly live up to it.

And, besides directly helping those with special needs, we can also work on educating and spreading awareness to people in our community about the different disabilities. It would offer people a better understanding on the various types, which in turn can lead them to be more empathetic and understanding. Overall, our District Project is helping to unite people with differences, and to also help to change the negative ways people with special needs are treated.

From 2010 to 2012, CNH will really make a difference. Whether it is by educating the public, helping at Special Olympics, or doing a buddy partnership with a special needs individual, the Key Clubbers of the California-Nevada-Hawaii District will impact the world and be a leading example on how we can truly care. With CNH working together, we can unite our communities even more through service, and through our focus and concern for those facing some of life's greatest challenges and adversities. Let us be able to help these special individuals as much as they help us- through inspiring us and teaching us some of life's greatest lessons. Let us "bring light into someone's life."



# HOW TO PARTICIPATE: CALIFORNIA

- **SPECIAL OLYMPICS OF NORTHERN CALIFORNIA**

- <http://sonc.org/>
- Host a Special Olympics Competition at your school; Division-wide event
- Polar Plunge (February-March)
  - > Hundreds of Brave Souls with warm hearts and wearing crazy costumes will take the plunge in chilly waters to raise much needed money for the Special Olympics of Northern California

- **SPECIAL OLYMPICS OF SOUTHERN CALIFORNIA**

- <http://sosc.org/>
- Polar Plunge (February)- read above description
- Calendar of 2010 Events:

<http://www.sosc.org/eventscal.asp?FilterEvents=true&Category=all>

- **BEST BUDDIES**

- [www.bestbuddiescalifornia.org](http://www.bestbuddiescalifornia.org)
- Start a Best Buddies with your Special Education Program at school
- Become a Buddy or an E-Buddy (Best Buddy Pen Pal through e-mail)
- **San Francisco**  
1550 Bryant Street, Suite 835 San Francisco, CA 94103  
Phone: 415 503 1791 Fax: 415 503 1799
- **Los Angeles Office (State Headquarters)**  
5711 West Slauson Avenue, Suite 170 Culver City, CA 90230  
Phone: 310 642 2620 Fax: 310 642 2630 Toll Free: 888 68 BUDDY (28339)
- **San Diego**  
4007 Camino Del Rio South, Suite 211 San Diego, CA 92108  
Phone: 619 584 5450 Fax: 619 563 5401

- **DOWN SYNDROME ASSOCIATION OF LOS ANGELES**

- Los Angeles California has the DSALA center which is dedicated to helping those with Down Syndrome and providing it's members and members of other organizations the opportunity to build leadership skills and create lifelong friendships with those involved in this organization.
- Annual Buddy Walk in November: includes lunch, family fun activities- face





# HOW TO PARTICIPATE: CALIFORNIA

- **DOWN SYNDROME ASSOCIATION OF LOS ANGELES**

- Members can take part in this event by raising money toward this cause and or spreading awareness of Down syndrome by helping with the set up and volunteering to help with activities.
- **Contact:**  
DSALA Office at 818-242-7871  
info@dsala.org  
<http://www.dsala.org>

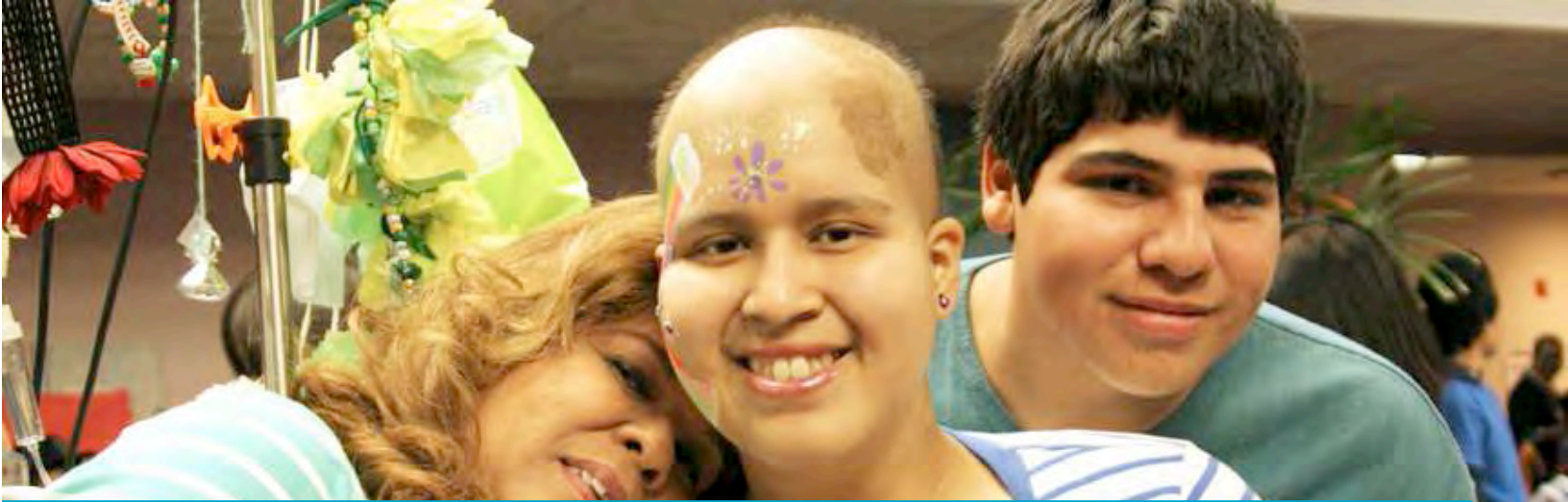
- **RONALD MCDONALD HOUSE**

- The mission of Ronald McDonald House Charities (RMHC) is to create, find and support programs that directly improve the health and well being of children.
- **Ronald McDonald House Charities: Northern California-** <http://www.rmhcnc.org/>
- **Ronald McDonald House Charities: Southern California-** <http://www.rmhcsc.org/>

- **THE ARC OF CALIFORNIA**

- <http://www.arccalifornia.org/>
- Mission Statement: "The Arc of California is committed to securing for all people with developmental disabilities, in partnership with their families, legal guardians or conservators the opportunity to choose and realize their goals of where and how they learn, live, work and play. The Arc of California is further committed to reducing the incidence and limiting the consequence of developmental disabilities through education, research, advocacy and the support of families, friends and community. Through the successful pursuit of quality and justice, The Arc of California will provide leadership in the field of developmental disabilities and develop necessary human and financial resources to attain its goals."





# HOW TO PARTICIPATE: NEVADA

- **SPECIAL OLYMPICS OF SOUTHERN NEVADA**

- <http://www.sonv.org/>
- Host a Special Olympics Competition at your school; Division-wide event

- **BEST BUDDIES OF NEVADA**

- <http://www.bestbuddiesnevada.org>
- Become an E-Buddy (e-mail Pen-Pal Buddy)

- **RONALD MCDONALD HOUSE CHARITIES OF NEVADA**

- Collect Soda Can pop-tabs
- These tabs are a much purer form of aluminum than the rest of the can, so it has a higher recycling value
- Turn in your pop-tabs to UNLV Circle-K who will deliver them to their Las Vegas location
- Contact

- **THE ARC OF NEVADA**

- [www.thearc.org](http://www.thearc.org)
- Churchill County Arc P.O. Box 1641 Fallon, NV 89407 (775) 423-4760
- Ormsby Arc P.O. Box 491 1802 North Carson Street, Suite 262 Carson City, NV 89702 (775) 882-8520
- Washoe Arc 790 Sutro Street Reno, NV 89512 (775) 333-9272

- **AUTISM COALITION OF NEVADA**

- Participate in "Walk NOW for Autism Speaks" (visit <http://www.walknowforautismspeaks.org/> to find walks in California and Hawaii)
- Host a fundraiser in partnership with a restaurant and donate the proceeds
- For more information, visit <http://www.aconv.org/>

- **NEVADA CHILDHOOD CANCER FOUNDATION**

- Volunteer at year-round events such as Camp Cartwheel or the Danny Gans Run
- Volunteer to tutor cancer patients who have gotten behind at school
- Distribute their newsletter at club meetings
- For more information, visit <http://www.nvccf.org/inside.htm>





## HOW TO PARTICIPATE: HAWAI'I

- **SPECIAL OLYMPICS OF HAWAI'I**

- <http://www.specialolympicshawaii.org>
- "The mission of Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills, and friendship with their families, other Special Olympics athletes and the community."

- **BEST BUDDIES**

- [www.bestbuddieshawaii.org](http://www.bestbuddieshawaii.org)
- J.W. Cameron Center 95 Mahalani Street #9 Wailuku, Maui, HI 96953 Phone: (808) 874-6846 Fax: (808) 875-1638

- **RONALD MCDONALD CHARITY HOUSES OF HAWAI'I**

- <http://www.ronaldhousehawaii.org/>
- The mission of RMHC-HI is to "Provide a home-away-from-home for seriously ill children and their families and to develop programs and partnerships aimed at improving the lives of children in Hawaii and the Pacific."
- Ronald McDonald House Charities of Hawaii (RMHC®) P.O. Box 61777, Honolulu, Hawaii 96839-1777 Phone (808) 973-5683

- **THE ARC OF HAWAI'I**

- <http://www.thearcinhawaii.org/>
- "Our mission is to improve the quality of life for people with developmental or other disabilities on Hawai'i through educational, recreational, vocational, and skills training as well as employment and residential opportunities."
- Assisting with the day-to-day activities with clients and their programs
- Assisting with fundraising events
- Arranging work parties to paint and/or repair the facilities, especially through your civic organizations.
- Contact:
  - >The Arc in Hawaii Offices (808) 737-7995
  - Administration (808) 732-9531 fax
  - 3989 Diamond Head Road (infor@thearcinhawaii.org)
  - Honolulu, HI 96816





# Special Thanks

THE FOLLOWING PEOPLE DESERVE TO BE RECOGNIZED FOR THEIR OUTSTANDING WORK THIS PAST YEAR IN LENDING A HAND TO THE CREATION OF DISTRICT PROJECT SHINE

## 2009-2010 DISTRICT PROJECTS COMMITTEE

CHAIR CHRISTIAN RODRIGUEZ  
SECRETARY KAMERON VANWOERKOM (D28N/W LTG)  
PHILLIP TANLIM (D28S LTG)  
ELIANA CASTILLO (D38E LTG)  
ANDREW ARQUISOLA (D38W LTG)  
LAURIE MEGURO (D22 LTG)  
DEVIN WANG (D26 LTG)  
CHRISTINA TRAN (D02 LTG)  
CHRISTIAN LAYOSO (D08 LTG)  
MOHIT GULATI (D14 LTG)

LEAD ADVISOR MS. LISA GROVER  
MS. KARLY BRUHN (R05)  
MS. MEI MEI WONG (R05)  
MR. SAM LYBARGER (R05)  
MS. ALYSON PALMER (R05)  
MR. DOUG GIN (R09)  
MR. PETE BALLEW (R09)  
MS. CHARLENE MASUHARA (R18)  
MS. TIFFANY IIDA (R18)

## DP Logo

AMANDA & SEANNA VIEN  
*San Leandro High School Key Club, Division 2*

## LIAISONS TO THE DISTRICT PROJECTS COMMITTEE

NIVI BALU (D44N LTG)  
ROBYN SALDINO (D42W LTG)  
KRISTIN AU (D19S LTG)  
ALAN PRIETO (D47)

## 2009-2010 CNH EXECUTIVE BOARD

DISTRICT GOVERNOR JESSE TRUONG  
DISTRICT SECRETARY WILLY HOANG  
DISTRICT TREASURER JEREMY TRUONG  
DISTRICT TECH. EDITOR HILLARY YUAN

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DISTRICT ADMINISTRATOR S. MS. LISA LOTITO-BYERS  
DISTRICT ADMINISTRATOR N. MR. MARSHALL ROBERSON  
CNH KIWANIS SLP DIRECTOR BRUCE HENNINGS

ENTIRE 2009-2010 CNH DISTRICT BOARD

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*Kiwanis Club of Huntington Beach*





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of Huntington  
Beach



**Kiwanis**  
Service Leadership Programs

[cjhkeyclub.org](http://cjhkeyclub.org)

8360 Red Oak Street #201 Rancho Cucamonga, CA 91730-0608 • 909-989-1500