

# Writing Your Personal Statements



## What is a personal statement?

When applying for college, most colleges typically require the submission of at least 1 personal statement. A personal statement should always include a reflection on who YOU are as a person, and the experiences YOU have had. The personal statement is one of the many factors that colleges take into consideration when reviewing applications, so be sure to "sell yourself," and inform them on why you are the best applicant!



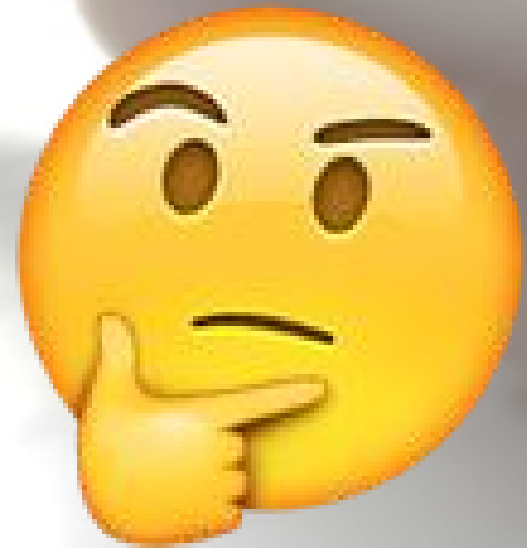
## Tips on Writing Personal Statements

1. Avoid writing about **death**, **disease**, or **divorce**!
2. Write about something that is not seen elsewhere on your application.
3. Start early, and ask for feedback from many people.
4. Do NOT focus on anyone but yourself.
5. Jot down ideas, and experiences to include in your personal statement(s) before starting.
6. Do not laundry list your accomplishments.
7. Do not try to be funny.
8. Proofread it many times BEFORE submitting!



## Who Should You Ask to Proofread Your Personal Statement?

- A teacher -- preferably an English or History teacher.
- A school administrator -- college counselor, guidance counselor, principal, school faculty, etc.
- A trusted friend or family member





**Questions?**  
**Comments?**  
**Concerns?**

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